

SINCE 2003
ARROWHEAD JUNIOR VOLLEYBALL
HELPING BUILD STRONG FOUNDATIONS



PLEASE READ ALL INFORMATION CAREFULLY

SCHEDULE OF PLAY FOR
SUNDAY, MARCH 30, 2025

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GENERAL INFORMATION

“THE MAIN THING, IS TO KEEP THE MAIN THING, THE MAIN THING!”

“TO BE EARLY IS TO BE ON TIME, TO BE ON TIME IS TO BE LATE,

TO BE LATE IS TO BE DON'T BE THAT GUY?”

VENUES: Mesabi East and South Ridge

EVENT INFORMATION: Team reps and coaches are responsible for all event information and procedures.

- Teams are to report to their assigned court **no later than 20 minutes** prior to their 1st Match start time.
- The event manager (**EM**) will conduct a quick review meeting. See schedule time and location on the bottom of this page.
- Teams that are scheduled to play the 2nd match of pool play do not need to attend the quick review meeting but must check in with the (**EM**) upon arrival.
- If your team is going to be delayed or must drop out at the last minute, please call the event manager. Default pool schedules will be made.

Simplified Playing Rules: Please see the simplified playing procedure manual for complete rules and governing regulations.
www.divesportspluswear.com

VENUE INFORMATION

VENUE	EVENT MANAGER	PHONE	PARKING	ENTRANCE
Mesabi East	Sara Baribeau	218-780-4958	School Area	Door 24
South Ridge	Amy Hudspith	715-292-2357	School Area	Main Entrance

EVENT / MATCH TIME ELEMENTS MUST BE FOLLOWED!
FAILURE TO START ON TIME WILL RESULT IN 1ST SET FORFEITURE FOR FAULTING TEAM.

VENUE	DOORS OPEN	COACHES QUICK REVIEW	1 ST MATCH WARM-UP STARTS	1 ST MATCH STARTS
South Ridge	9:00 a.m.	9:30 a.m. Sharp, Ct 1	9:40 a.m. Sharp!	10:00 a.m. Sharp!
Mesabi East	9:00 a.m.	9:30 a.m. Sharp, Ct 1	9:40 a.m. Sharp!	10:00 a.m. Sharp!

TEAM ENTRIES

Venue MESABI EAST HIGH SCHOOL				
Division	13/14	13/14	11/12	11/12
Pool	1	2	3	1
Court	1	2	3 Mem Gym	4 Mem Gym
Start	10:00 a.m.	10:00 a.m.	10:00 a.m.	10:00 a.m.
Team A	C/W Raptors	Jackpine Freeze 14U	218 Elite	White Caps 12U
Team B	North Stars	Giants 14 Black	N. Lights 10U	Rock Ridge 12
Team C	Wolves 14	N. Aces 13-2	H-Town 11	Giants Black 12U
Team D	Giants 14 Red	H-Town 13	White Caps 10U	NK North Stars
Team E	HCN Storm	Greenway		Cherry Bombs 12U

TEAM ENTRIES

Venue			
SOUTH RIDGE HIGH SCHOOL			
Division	11/12	13/14	13/14
Pool	1	3	4
Court	1	2	3
Start	10:00 a.m.	10:00 a.m.	10:00 a.m.
Team A	Greenway	White Caps Black	N. Impact 13UB
Team B	H-Town 12-1	H-Town 14-2	C/W Raptors 2
Team C	Cherry Bombs 11U	Cherry Bombs 14U	Ely 13's
Team D	Giants Red 10U	Proctor 14U	White Caps Teal 13U
Team E	Proctor Black 12U	Nighthawks	

MATCH SCHEDULE

MATCH PLAY: 4 Team Pool, 2 Sets to 25, Win by 2.

MATCH PLAY: 5 Team Pool, 2 Sets to 19, Win by 2.

Match #	Warm Up Period	4 Team Pool	Match #	Warm Up Period	5 Team Pool
1	10 min	A – C (B)	1	10 min	B – E (C)
2	10 min	B – D (A)	2	10 min	C – D (B)
3	5 min	D – A (C)	3	10 min	A – E (D)
4	5 min	B – C (A)	4	5 min	B – C (E)
5	5 min	C – D (B)	5	5 min	A – D (B)
6	5 min	A – B (D)	6	5 min	C – E (A)
			7	5 min	B – D (C)
			8	5 min	A – C (E)
			9	5 min	D – E (A)
			10	5 min	A – B (D)

MATCH SCHEDULE

MATCH PLAY: 3 Team Pool, 3 Sets to 25, Win by 2.

Match #	Warm Up Period	3 Team Pool
1	10 min	A – B (C)
2	10 min	B – C (A)
15 Minute Break		
3	5 min	C – A (B)

WARM-UP PERIODS

10 Minutes Teams 1 st Set	Shared Court – Ball Handling	2 minutes
	Serving Teams Court	4 minutes
	Receiving Teams Court	4 minutes
5 Minutes Teams 2 nd & Remaining Sets	Shared Court – Ball Handling	1 minute
	Serving Teams Court	2 minutes
	Receiving Teams Court	2 minutes

In the spirit of sportsmanship, it is suggested that the non-warm-up team, the team that is off the court, shag balls for the hitting team, the team that is on the court. Please hand balls to the coach that is handling team warmups.



TEAM NOTES: