



## RULE & PROCEDURE SIMPLIFICATION GUIDELINES

The 2025 AJV season will be governed by the National Federations of High School Playing Rules and Procedures. The AJV has simplified all rules and procedures to allow for a better basic understanding by all teams, coaches, event managers and host.

### I. Playing Rules:

#### 1. SERVING:

Each server will have five seconds to server the ball. For a bad toss, one re-serve is permitted during each service attempt.

#### 2. NET FAULTS:

Contact by any player with the net is a net violation.

#### 3. CENTERLINE FAULTS:

A player's complete foot / hand must be completely across the centerline before a fault is called. Any other body part across the center line is a fault.

#### 4. BALL HANDLING VIOLATIONS:

All obvious catches, carries or throws of the ball is a violation. If you can say, as the referee, that was ugly then call the violation. Note: In all divisions 14 & Under double hits will be considered legal and should not be called.

#### 5. BALLS:

Teams shall provide balls for warm-ups and matches. Divisions 12 and Under must use a volleyball lite.

#### 6. COIN TOSS:

The team that appears first on the schedule will call the coin toss. The winner of the coin toss has choice of serve or receive. There are no coin tosses for the third set. The team that served first in set one will serve first in set three.

#### 7. TIME OUTS:

Each team will be allowed two-time outs per set. Time outs are 30 seconds and will be timed by the scoring table.

## II. Officiating Requirements:

1. Teams are responsible for providing:
  - a. A first referee (R1) (must be team coach or an adult) and a second referee. In the 12 and under division a second referee is not required.
  - b. Two-line judges.
  - c. A scorekeeper and a score flipper.
  - d. Officiating assignments will be noted on playing schedules.
  - e. Libero trackers will not be used.
2. The referee or scorekeeper will monitor time out periods.
3. The referee or scorekeeper will monitor between set time periods.

## III. MATCH PROTOCOL

### 1. WARM-UPS:

- a. Pre-match warm-up time frames will be noted on the playing schedules.
- b. The team that appears first on the playing schedule (home team) will take the court to the left of the scorer's table and the team that appears second on the schedule (visiting team) will take the court to the right of the scorer's table.

### 2. STARTING LINE-UPS & TAKING COURT:

- a. Players will not line up at the end lines before the match. Players go straight to the court and play. The traditional sportsmanship handshake will be taken after the match.
- b. The coach will be responsible for placing their players in proper rotation on the court.
  - i. Line-up sheets will be at the scorer's table.
  - ii. The R2 will no longer check the line-ups.

### 3. SUBSTITUTION PROCEDURE:

- a. Substitutions ***will not*** be recorded by the scorekeeper or conducted by the second referee.
- b. The coach must enter the substitution zone with player(s) substituting. The referee will recognize the substitution when players and substitute(s) are in the substitution zone.
- c. The substitution zone is the area on your side of the court between the net and the 10' line.
- d. Liberos will exchange / replace freely.

## 12'S PLAYING MODIFICATIONS

1. Teams shall provide a volleyball-lite for play.
2. Each server shall be allowed three consecutive serving points during a term of service. After the third serving point the opponents shall be awarded the ball to serve.
3. The serving line will be measured 24 feet from mid-court. There is no service foot fault.
4. The net height will be 7.
5. There is no coin toss for the third set. The team that served first in set number one will serve first in set number three.